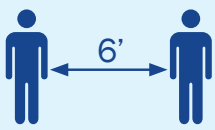


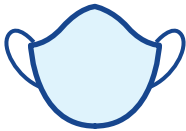
# Protect Your Health and Help Us Stay Open

## Guidance for the Public

### Five Core Actions



**Practice Social Distancing** – Stay 6 feet away from others who are not part of your household whenever possible – “Farther is Safer.”



**Wear cloth face coverings** – Wear a mask in public unless eating in a restaurant or when able to consistently maintain 6 feet of physical distance from others.



**Wash your hands or use hand sanitizer regularly** – Wash for 20 seconds with soap and water or use a hand sanitizer with at least 60% alcohol.



**Clean frequently-touched surfaces** – Be a part of helping keep things clean, use hand sanitizer, wipe shopping cart handles, etc.



**Stay home when sick** – If you do not feel well or have been told to isolate or quarantine, please stay home.

PLUS

- **Follow posted safety guidelines.**
- **Don't touch your face** (Another great reason to wear a mask).

4/28/2020



KNOX COUNTY  
TENNESSEE

HEALTH DEPARTMENT